

NEW BEGINNINGS

October 2026

Volume 36 Issue 5

Back by popular demand!! (OK, 1 person asked)

ROAST BEEF DINNER coming to

Grandview Events Center, November 1st

11:00 am – 2:00 pm \$15.00 a plate

NO chicken that day, just beef!

PLEASE Call Early so that we can make enough of that slow-cooked, tender roast beef!! 😊

Regular chicken dinners on October 4th and 18th and November 15th.

Join us for good food and good company!



Thank You!

Thank you to all the volunteers who helped make Stratton Days truly special. Your time, energy, and hometown pride brought our celebration to life. We're grateful for everything you do for our community.



Stratton Community Fund Drive

It's that time of year again! The annual Stratton Community Fund Drive is underway, and we're calling on your support to help sustain the many organizations that make our community thrive.

Why Give? Your donation directly benefits local groups and services that support Stratton. Every contribution—big or small—makes an impact.

How to Donate:

Volunteers will be going door-to-door or you may receive a donation packet by mail

Didn't get a notice? No problem! You can still contribute by mailing your donation to:

Stratton Community Fund Drive P.O.
Box 42 Stratton, NE 69043

Let's come together to strengthen our community. Thank you for your generosity!

Serving on Election Day

*We will have for sale rolls and coffee in the morning
and a sandwich, soup and chips with dessert at lunch.*

November 3—Serving 8:00—2:00



United Methodist Church
Fellowship Hall
412 Bailey Street



Sunrise Corner Café
GOOD FOOD. BRIGHT STARTS.

FRIDAY NIGHT
Pizza Night

EVERY FRIDAY ★ 4:00 PM – 7:00 PM

— TAKE & BAKE ONLY —

Freshly Prepared • Ready to Bake at Home!

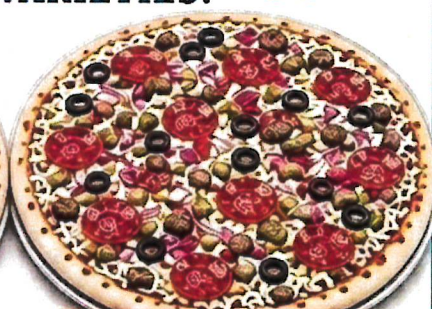
.....
CHOOSE FROM THREE GREAT VARIETIES!



FOUR CHEESE



PEPPERONI



SUPREME

14"
PIZZAS

\$19.99 EACH



CALL IN OR STOP BY TO PLACE YOUR ORDER

≧ BETWEEN 4:00 PM – 7:00 PM ≧

≧ 308-206-7462 ≧

Skip the prep—we'll do it for you.

— *Just bake and enjoy!* —



101 Howard St., Stratton, NE

Fall Library Crawl



117 libraries across the state of Nebraska are participating in the annual Library Fall Crawl.

September 1 – November 30.

You may pick up a booklet at any library. For each library you visit your book will gain a sticker. Visit 10 different libraries to be eligible for the prize drawing. Visit 30 libraries and you will receive an exclusive 2026 Library Fall Crawl Tote Bag!

Plan a road trip to check out the variety of libraries we have throughout the state.



Stratton Ambulance would like to express our appreciation for all the community support at our Walking Taco luncheon during the Stratton Fall Festival. We are so blessed to serve such a great community!



WHERE: Grandview Events Center
When: Wednesday October 21, 2026
Time: 5:30-7:00 pm



CONGRATULATIONS! Winners!

Stratton Day Winners:

Raffle Winners:

--Nebraska Volleyball Tickets: (donated by Mike & Jen Schultz) – **Dan Sandberg**

--Nebraska Football Tickets: (donated by MNB Bank) – **Bob Forch**

--30 Pounds of Hamburger & Cooler (donated by Dundy County Processors) – **Paul Bohochik**

--Little House Museum Quilt – **Joni Johnson**

--Bloody Mary Contest – Tie between **Cynthia Kadleck Roberts and Gina Sandberg**

--Talent Show

Adults: **1st Danielle Stewart**

2nd Larry Hubl

Youth: **1st Josyln Kollmorgen**

2nd Grace Stahly

3rd Rachel Kollmorgen

--Parade – **1st Hitch & Hay**

2nd MNB Bank

3rd Johnny Whiskers Outdoor

--Pie Contest:

1st – Steve Johnson – Peanut Butter Pie

2nd – Sadie Hall – Apple Crumb Pie

3rd – William Wiese – Chocolate Meringue Pie

--Most Improved Yard – **Rick & Jen Moore**

--Candyland Board Stamp – **Kaden Hedrick**

New Beginnings is published monthly by the Community Builders Academy. In order to assure a timely issue, articles must be submitted by the 25th of the month to Julie Bernt. Articles may be emailed to rbernt@gpcom.net. or mailed to MNB Bank, PO Box 367, Stratton, NE 69043. **Colored copies of New Beginnings are included on the Village of Stratton website.** Thank you to this month's donors:

- Bill Condon
- Stratton Community Foundation
- Marita Brown
- Rich & Beth Kollmorgen
- Jerry & Brenda McDonald
- Stephanie Edwards
- Nancy Fasano
- Mel & Virginia Campbell

HILLBILLY MEDICAL TERMS

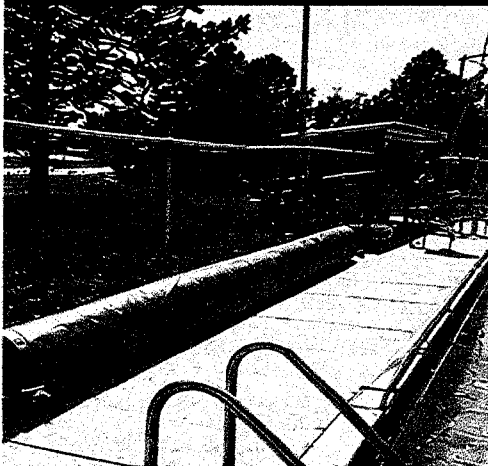
Artery.....	The study of paintings
Bacteria.....	Back door to cafeteria
Barium.....	What the doctors do when patients die
Benign.....	What you be after you be eight
Cat scan.....	Searching for Kitty
Cauterize.....	Made eye contact with her
Cesarian Section.....	A neighborhood in Rome
Dilate.....	You lived longer than expected
Duct Tape.....	Suture on a roll
Enema.....	Not a friend
Fester.....	Quicker than someone else
Fibula.....	A small lie
Genital.....	Non-Jewish person
Impotent.....	Distinguished, well known
Labor Pain.....	Getting hurt at work
Morbid.....	A higher offer than I bid
Nitrates.....	Cheaper than day rates
Outpatient.....	A person who has fainted
Pelvis.....	Second cousin to Elvis
Recovery Room.....	Place to do upholstery
Seizure.....	Roman emperor
Tablet.....	A small table
Urine.....	Opposite of you're out

GROWING STRONGER, *Together in Stratton*

Thanks to your generosity, our community continues to grow and thrive.

Here's what we accomplished this summer!

A CLEANER, WARMER POOL



A new pool cover helps keep the water cleaner and warmer for everyone to enjoy.

FRESH LOOK, BRIGHT FUTURE



Our welcome signs now have fresh paint and new lights, shining bright day and night for all who pass through our town.

IMPROVING ACCESS TO CARE



Upgrades to the Stratton Medical Clinic parking lot and entrance improve safety, accessibility, and comfort for patients and staff.

This summer, the Stratton Community Foundation Fund helped community organizations bring projects to life by granting money to projects that make a real difference in our daily lives.

From cleaner, more enjoyable summer days at the pool to safer access to medical care and a warmer welcome for visitors, these improvements reflect what we can achieve when we work together.

None of this would be possible without the generosity of our donors, the dedication of our volunteers, and the support of our community. Every gift—big or small—helps build a better Stratton for today and for generations to come.

Thank you for believing in our community!



Building a Better Stratton
TODAY. TOMORROW. TOGETHER.

Established in 1994, SCFF is guided by a volunteer Fund Advisory Committee that works actively to increase charitable giving and award grants to worthy local causes and projects.

SCFF is here to support projects and programs that address emerging needs and create future opportunities right here at home. If you have an idea for a project that can make Stratton an even better place to live, work, and play, **we want to hear from you!**



HOW TO GIVE

Your donation stays local and goes directly toward improving life in Stratton. Gifts of any size are greatly appreciated!

Learn more or give online:

<https://www.nebcommfund.org/give/stratton-community-foundation-fund/>



APPLY FOR A GRANT

Do you have a project or program idea that will benefit our community? Grant applications are accepted year-round.

Submission Process:

Because local cycles vary, you will need to submit your completed application or reach out with specific project proposals directly to the local committee at strattoncfff1994@gmail.com or via their mailing address at PO Box 5, Stratton, NE 69043. Find the grant application here: <https://www.nebcommfund.org/give/stratton-community-foundation-fund/>



MISSION

To inspire generosity of time, talent and financial resources for the prosperity of Stratton.

ABOUT THE FUND COMMITTEE

Stratton Community Foundation Fund (SCFF) is led by a volunteer Fund Advisory Committee that works actively to increase charitable giving and award grants to local worthy causes and projects that are addressing emerging needs and future opportunities in our community.

Year Established: 1994



FUND ADVISORY COMMITTEE

- | | | | |
|----------------------|-----------|--------------------|--------|
| • Dustin Ladenburger | Co-Chair | • Austin Jensen | Member |
| • Lisa Fox | Co-Chair | • Brian Kollmorgen | Member |
| • Ashley Stehno | Secretary | • Jen Moore | Member |
| • Rachel Lorens | Treasurer | • Sandy Renfro | Member |
| • Brad Forch | Member | • Terra Riggs | Member |



Next Meeting
**Sunday,
October 18**



OCTOBER IS PHYSICAL THERAPY MONTH

MOVEMENT. RECOVERY. A STRONGER YOU.

MOVE
BETTER.
FEEL
STRONGER.
LIVE
BRIGHTER.



MEET OUR PHYSICAL THERAPY TEAM

Left to Right: Jennifer Fries, PTA | Ramona Wiest, Receptionist
Malinda Westfahl, PTA | Trevor Horner, PT Director
Aubrey Peckham-Newell, PT, DPT | Larissa Gerhartz, PTA

THERAPY SERVICES

- Orthopedic & Sports Rehabilitation
- Post-Operative Rehabilitation
- Balance & Fall Prevention
- Treatment for Vertigo
- Spine & Joint Care
- Dry Needling
- Cupping
- Wound Care, Lymphedema
- Blood Flow Restriction
- Strength & Conditioning Programs
- Personalized Treatment Plans

Individualized care for all ages and activity levels.

KENNETH C. STOUT THERAPY CENTER



A modern, spacious facility designed to help you move, heal and thrive.

RAILE FAMILY THERAPY POOL



Experience the therapeutic power of water.

BENEFITS OF AQUATIC THERAPY

- Warm water helps to relax muscles
- Buoyancy reduces stress on joints
- Improves strength, mobility and endurance
- Great for stroke recovery, injury and post operative care
- Supports balance and confidence

RAILE FAMILY THERAPY POOL FEATURES

- Safe entry/exit by steps or mechanical chairlift
- Aquatic therapy sessions in confidential settings
- Multiple depths
- Treatment from our expert team

1313 N Cheyenne St.
Benkelman, NE

YOUR RECOVERY STARTS HERE.
308-423-7013

www.dchbenkelman.com



OCTOBER IS BREAST CANCER AWARENESS MONTH

KNOWLEDGE. SCREENING. HOPE.
BRIGHTER TOMORROWS.

Your Health Matters
TAKE ACTION THIS OCTOBER.

Early detection gives you more options,
more time and more moments with the people you love.

DETECT
EARLY.
LIVE
BRIGHTER.

DETECT EARLY.
LIVE FULLER.

Screenings today
can lead to more
tomorrows.

A 3-D MAMMOGRAM CAN HELP:

- FIND CANCER EARLIER**
Can detect small cancers that may be missed with traditional mammograms.
 - MORE ACCURATE RESULTS**
Provides clearer, more detailed images.
 - MORE TREATMENT OPTIONS**
Early detection can give you more choices and better outcomes.
 - PEACE OF MIND**
Take a proactive step for you and your loved ones.
- Don't put your health on the back burner. Make your screening part of your routine.
- Recommended for women 40 and older, or sooner if you have a higher risk.

TOGETHER
WE CAN MAKE A
DIFFERENCE.

Encourage the women
in your life to get screened.
Support. Share. Spread awareness.
It can save a life.

HEALTHY WOMEN. STRONG FAMILIES. THRIVING COMMUNITIES.



HOSPITAL & QUALITY
HEALTHCARE

Dundy County Hospital
Radiology Dept

308-423-7009



1313 N. Cheyenne St.
Benkelman, NE 69021
www.dchbenkelman.com

Stratton Public Library News October 2026

HOURS: MONDAY 12-7 THURSDAY 12-5

Fall into a good book from the Stratton Public Library!

Adult Selections: *Iron Lake* and *God's Country* by Kruger, *Now or Never* by Evanovich, *A Life Without Water*, *A Life Without Flowers*, *A Life Without Regrets* by Bolden, *First Lie Wins* by Elston, *Gatekeeper* by Byrne, *All Good People Here* by Flowers, *Downfall* by Blackstock, *Yesteryear* by Burke, *The Whispers* by Audrain, *Children of the Hill* by McMahon, by Chavez, *Whistler* by Patchett, *Every Precious and Fragile Thing* by Davis

Juvenile Fiction: *Journey from Peppermint Street*, *Can of Worms*, *The Ogre Downstairs*, *Fairest*, *How to Steal a Dog*, and by Meg Cabot- *Moving Day*, *The New Girl*, *Best Friends* and *Dream Queens*

Non-fiction Children's: *Ugly Animals*

Children's: *Mice Make Trouble*, *Can't You Sleep Dotty?*

Young Adult: *Killers of the Flower Moon* by Grann, *The Finisher* by Baldacci

Adult Reading Challenge begins October 1st

Every time you read a book with the author's last name beginning with an R,E,A,or D you will get your name in a drawing for a prize! Come join this READ challenge at the Stratton Public Library! Happy Reading

Coffee and Conversation: It is held on Thursday afternoon from 2-4. Come for a while or stay the whole time. It is self-directed and the conversations go wherever the participants want it to go! Enjoy getting to know new people or sharing topics of interest within the group.

BLOOD PRESSURE CHECK-UP

Southwest Nebraska
Public Health Department
PREVENT • PROMOTE • PROTECT

Take Charge of
Your Health!

Join us for free blood pressure
checks.
Get your blood pressure checked.
It's important to check your blood
pressure regularly because this
early detection saves lives!

Every Third Friday Of The Month
10am-11am
At The Stratton village office
411 Bailey Street Suit 1
Stratton Ne 69043

CONTACT INFO

(308) 345-4223



Stratton Medical Clinic

NOW OPEN WEEKLY SCHEDULE



Dr. Lori Stonehocker, D.O.
Tuesday's
10:00 AM to 4:00 PM (CT)
Closed 12:00 to 1:00

Walk-ins Welcome



Laken Vrbas, APRN
M - W - Th
8:00 AM to 4:00 PM (CT)

Call to schedule your appointment:

308-423-2151

903 Bailey St.
Stratton, NE., NE 69043
www.dchbenkelman.com



Blessing Box

Located in front of the Church of Christ

Take what you need, leave what you can. Donations may include—non-perishable food items: Rice, pasta, cereal, nuts, seeds, granola bars, instant oatmeal packets, dried fruit, cake mixes, soup mixes.

Baby essentials: Diapers, wipes, baby formula. Hygiene items: Toilet paper, feminine products, soap, shampoo, conditioner, toothbrushes, toothpaste, deodorant. Warm clothing: socks, mittens, hats, hand warmers, blankets.

Children's Bible Class

(Second Wednesday of each month from September to May)

Ages: Preschool through Jr High

Starting: Wednesday, September 9th

When: 6:30 pm to 7:15 pm

Where: Stratton Church of Christ

Come and learn about the children of the Bible.



THE CHAPLAIN'S CORNER

Deuteronomy 18: 10-12. "There shall not be found among you anyone who makes his son or his daughter pass through the fire, or one who practices witchcraft, or one who interprets omens, or a sorcerer, or one who conjures spells, or a medium, or a spiritist, or one who calls up the dead. For all who do these things are an abomination to the Lord, and because of these abominations the Lord your God drives them out from before you." Romans 12: 2. "And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

The first scripture from the Old Testament was given to the Israelites when they were preparing to go take the land from the Canaanites. He was telling them not to follow their paganistic ways. The second scripture from the New Testament speaks to us today. Some of the things that we consider harmless, like the horoscope or signs of the Zodiac, fortune telling, tarot cards, casting runes and etc. are really the toys of Satan. If you are a Christian following Jesus, why do you need to consult mediums about your future. You're in the hands of Jesus, why do you need to seek out what the future holds somewhere else? If you ask God the Father what He wants of you, He will tell you.

The first part of the Deuteronomy scripture speaks of the pagan god Molech. He was a metal life sized statue, usually sitting with his arms cradled in front and there would be a fire inside so the arms would be red hot and they would lay their baby on those arms and it would burn to death. We look at that as an insanely cruel practice, but, it is no different than the abortion we practice today.

Christians, we need to be taking a good look at ourselves and asking God what He wants us to be doing today. We need to be praying, searching our own souls, searching our Bibles for the ways we need to serve. I need to pray the scripture that's above: Romans 12: 2.

Richard Stahly

Church Worship Service Schedule

Comm. United Methodist Church

10:00 a.m. Church Services

Christian Union Church

9:30 a.m. Sunday School

10:45 a.m. Church Services

St. Joseph Catholic Church

8:30 a.m. Mass

Church of Christ

10:30 a.m. Sunday School

11:00 a.m. Church Services

Southwest Nebraska Holiness Church

10:30 a.m. Sunday School

11:30 a.m. Church Services

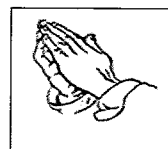
7:00 p.m. Church Services

WOMEN'S Prayer Breakfast

October 17, 2026

Hosted by St. Joseph's Catholic Church

--All women welcome even if you are not a member of the Stratton churches. Please come!



Men's Prayer Breakfast – The first Saturday of each month.



October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	2026 SEPTEMBER SUN MON TUE WED THU FRI SAT 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	29 2026 NOVEMBER SUN MON TUE WED THU FRI SAT 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30	1 3:00 PM XC @ Gothenburg 3:00 PM JV VB @ McCook	2 6:00 PM FB vs Sutherland 8:30-12:00 am Homecoming Dance	3 8:00 AM VB @ Decatur Community High School
5	5 9:00 AM Juniors ASVAB 3:00 PM JH VB vs McCook 4:00 PM JV FB @ Hitchcock Co	6 8:00 AM K/1st Pumpkin Patch-Grass Roots Farms 4:00 PM VB Tri @ South Platte/Wallace	7 7:00 AM @McCook FCCLA District Leadership Conf.	8 2:00 PM JH VB @ Hitchcock Co. 3:00 PM JH FB @ Hitchcock Co. 3:00 PM XC RPAC @ Sutherland 5:00 PM VB vs Sidney Senior Parents Night PINK OUT	9 2:00 PM JH VB @ Hitchcock Co. 3:00 PM JH FB @ Hitchcock Co. 3:00 PM XC RPAC @ Sutherland 5:00 PM VB vs Sidney Senior Parents Night PINK OUT	10 9:00 AM JH VB @ Chase County 11:00 AM JH State XC @ Papillion-La Vista
12	12 9:00 AM JH A Team VB Tourney @ Hitchcock Co. 2:00 PM JH/JV FB vs Sutherland 6:00 PM Board Meeting	13 8:30-11:15 AM FFA Connecting Chapters Training Media Center 5:00 PM VB Tri @ Perkins Co/Hershey	14 8:00 AM HOSA FLC @ York	15 No School - In Service 3:00 PM XC Districts @ Perkins Co. TBD VB RPAC 6:00 PM FB @ Bayard	16 No School	17
19	19 TBD VB RPAC	20 TBD VB Sub Districts	21 Picture Retakes VB RPAC @ MCC	22 4:00 PM VB @ Wray	23 11:00 AM State XC @ Kearney 6:00 PM FB vs Hyannis Senior Parents Night PINK OUT	24 1:00 PM Art Club Project Day
National FFA-Indianapolis						
26	26 TBD VB Sub Districts 8:00 AM Mock Trial @ McCook	27 TBD VB Sub Districts	28 8:00 AM Justo Lamas Spanish Concert @ Hershey	29 6:00 PM 7-12 Pops Concert	30 TBD FB Playoffs-1st Round 3:00 PM Spook Parade	31 TBD VB Districts Finals
Red Ribbon Week						
HAPPY HALLOWEEN						